

## Holy Apostles Orthodox Christian Church of Cheyenne, WY

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Reverend Presbyter Christopher Xanthos, Presiding Priest

Email: [frchristopher@holyapostlescheyenne.com](mailto:frchristopher@holyapostlescheyenne.com)

Services Schedule: Sunday Services - Orthros - 8:30 am - Divine Liturgy - 9:30 am

### Bulletin for Sunday, November 19, 2017

#### Saints and Feasts of the Day

Martyrs Barlaam of Caesarea and Heliodorus, 9th Sunday of Luke, Anthimos, Thallalaeos, Christopher, Euphemia & her children, the Martyrs, Obadiah the Prophet

Hymns of the Day – Everyone is encouraged to sing the hymns and responses of the Divine Liturgy

**Resurrectional Apolytikion** (page 22 in the Service Book)

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy.

**Holy Apostles Apolytikion** (page 24 in the Service Book)

O Holy Apostles, intercede with the Merciful God, that He grant unto our souls forgiveness of offenses.

**Kontakion** (page 24 in Service Book)

The Savior's most pure and immaculate temple, the very precious bridal chamber and Virgin, who is the sacred treasure of the glory of God, on this day is introduced into the House of the Lord, and with herself she brings the grace in the divine Spirit. She is extolled by the Angels of God. A heavenly tabernacle is she.

#### Gospel and Epistle Readings

**Matins Gospel Reading Mark 16:1-8.**

When the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint Jesus. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back, for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and

All are welcome to the Greek Orthodox Metropolis of Denver's  
Annual Open House,

His Eminence Metropolitan ISAIAH of Denver And  
The Metropolis Council  
Invite you to attend

## A Christmas Celebration and Open House

Friday, December 8, 2017 5pm to 9pm

At the

Denver Metropolis Center 4550 East Alameda Avenue  
Denver 80246

(Catered by: Aspasia's Catering)



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## Toys For Tots



Holy Apostles, working in conjunction with the Toys for Tots Cheyenne program, is a certified drop-off location for donations. A donation bin is located in the parish lobby and new, unopened and unwrapped Christmas gifts can be placed in the bin. Thank you for your participation in this great program!

they said nothing to any one, for they were afraid.

**Epistle Reading** (page 28 in the Service Book)

Prokeimenon. **Grave Mode. Psalm 28.11,1.**

The Lord will give strength to his people.

Verse: Bring to the Lord, O sons of God, bring to the Lord honor and glory.

**The reading is from St. Paul's Letter to the Ephesians 2:14-22.**

Brethren, Christ is our peace, who has made us both one, and has broken down the dividing wall of hostility, by abolishing in his flesh the law of commandments and ordinances, that he might create in himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the cross, thereby bringing the hostility to an end. And he came and preached peace to you who were far off and peace to those who were near; for through him we both have access in one Spirit to the Father. So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built into it for a dwelling place of God in the Spirit.

**Gospel Reading** (page 29 in the Service Book)

9th Sunday of Luke

**The Reading is from Luke 12:16-21.**

The Lord said this parable: "The land of a rich man brought forth plentifully; and he thought to himself, 'What shall I do, for I have nowhere to store my crops?' And he said, 'I will do this: I will pull down my barns, and build larger ones; and there I will store all my grain and my goods. And I will say to my soul, 'Soul, you have ample goods laid up for many years; take your ease, eat, drink, be merry.' But God said to him, 'Fool! This night your soul is required of you; and the things you have prepared, whose will they be?' So is he who lays up treasure for himself, and is not rich toward God." As he said these things, he cried out: "He who has ears to hear, let him hear."

**Notes from Father Christopher**

**SMALL PARAKLESIS:**

Join us each Wednesday at 12 pm as we pray and chant the Supplications to the Most Holy Theotokos. Followed by fellowship and light refreshments. The Paraklesis service is a service asking the Panaghia to intercede for us all, as well as people individually. Prayer requests can be submitted in the narthex by writing the names of those living that you wish to pray for on the form, 'For the Health and Salvation...' and placing the prayer request in the basket.

**ORTHODOX BIBLE STUDY:**

Please join us for Bible Study every Monday at 6:00pm beginning Monday, January 8, 2018. We will start our studies with the Gospel of John. All are welcome to attend!

**CLERGY VISITS:**

If there is someone in a hospital, nursing home or homebound, please contact Father Christopher at frchristopher@holyapostlescheyenne.com or 307.514.5347 to schedule a pastoral visitation.

**CONFESSIONS:**

Please contact Father Christopher at frchristopher@holyapostlescheyenne.com or 307.514.5347 to schedule the Holy Mystery of Confession.

**GREAT VESPERS:**

Each Saturday at 6pm there will be a recurring Saturday Great Vespers service, followed by juice, coffee and fellowship. All are welcome to attend.

**Holy Apostles Updates**

For updates to the Sunday bulletin, submit announcements to Father Christopher no later than **5 pm on Wednesday.**

We will be updating our website and welcome your contribution. Please feel free to take pictures or video of our parish family and community involvements. Media provided should be clear, well lit, in focus, and emailed to Mrs. Laura Bobo James at office@holyapostlescheyenne.com.

**VISIT THE HOLY APOSTLES BOOKSTORE:** If you haven't been to the bookstore lately, please stop by! New items are arriving daily. We just received a shipment this week with some visor clips, cross lapel pins, new icons, and jewelry. Instructions for how to make a purchase are posted in the bookstore, or if you have a question please ask Adrienne. I bet she will even make you a cup of coffee while you shop!



**Coming Soon .....Mark Your Calendar!**

**Young Adult Ministry (YAM):** Attention all Young Adults between the ages of 21-38. We are kicking off the Holy Apostles Young Adult Ministry and we are hoping to plan one YAM event per month. For more information please contact Zoe Christopoulos or Alexis Bellack. Spread the word and bring your friends!

**WOMEN'S STUDY:** Please join us for Women's Study on November 20th at 10:00am.

**Please join us for Philoptochos!** Please come and find out how we can grow our giving within our community. There will be a Christmas lenten dinner meeting on November 28 at 5:30 pm at the home of Fay Zaharas. Please Come! If you are planning to attend the Tables Extraordinaire event at St. Catherine's Church in Greenwood Village, CO on Saturday, December 2, please contact Fay for ticket information.

**GOYA:** The next GOYA meeting will be Sunday, December 3rd following Liturgy. We will have a meeting and go caroling. Community Christmas card is for sale. Please fill out form with how you would like your name to appear on the community card that will be sent to parishioners. Suggested donation \$20. All proceeds benefit the youth fund.



**HOLY APOSTLES LENDING LIBRARY:** Please check out our Lending Library at the Church and check out a book in which you are interested. We have the books color coded so you can easily browse through the subjects which interest you! Also, we would love to add to the Library any Church Books you would like to donate. Please see Kay Pappas with any questions or for donating your books! **Reminder: Please be sure to return your borrowed books and to fill out a return date in Sign-Out Notebook. Thanks.**



**LENDING LIBRARY**

**Holy Apostles Calendar**

**Sunday, November 19**  
**Nativity Fast**  
 9th Sunday of Luke  
 8:30AM Orthros  
 9:30AM Divine Liturgy

**Monday, November 20**  
**Nativity Fast**  
 10:00AM Women's Group

**Tuesday, November 21**  
**Nativity Fast**  
 Entrance of the Theotokos  
 7:00AM Men's Group Breakfast @ Perkins  
 8:45AM Orthros  
 9:30AM Divine Liturgy

**Wednesday, November 22**  
**Nativity Fast**  
 11:30AM Assist @ St. Joseph's Food Pantry  
 12:00PM Paraklesis

**Thursday, November 23**  
**Nativity Fast**

**Friday, November 24**  
**Nativity Fast**

**Saturday, November 25**  
**Nativity Fast**  
**Great Martyr Katherine**  
 6:00PM Great Vespers

**Sunday, November 26**  
**Nativity Fast**  
 13th Sunday of Luke  
 8:30AM Morning Matins Service  
 9:30AM Divine Liturgy

**Monday, November 27**  
**Nativity Fast**

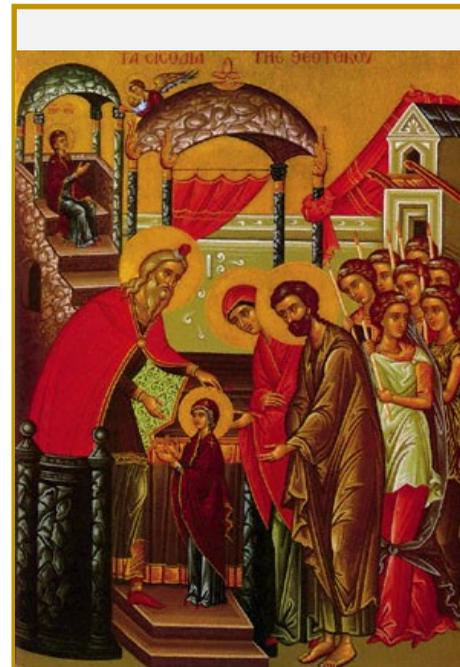
**Tuesday, November 28**  
**Nativity Fast**  
 7:00AM Men's Group Breakfast @ Perkins  
 5:30PM Philoptochos Christmas Dinner Meeting

**Wednesday, November 29**  
**Nativity Fast**  
 11:30AM Assist @ St. Joseph's Food Pantry  
 12:00PM Paraklesis

**Thursday, November 30**  
**Nativity Fast**

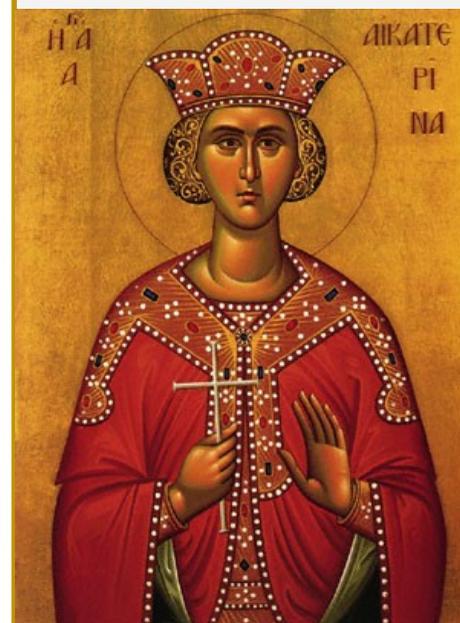
**Friday, December 1**  
**Nativity Fast**  
 10:00AM St. Catherine's Tables Extraordinaire

**Saturday, December 2**  
**Nativity Fast**  
 6:00PM Great Vespers



**November 21—The Entrance of the Theotokos into the Temple**

According to the tradition of the Church, the Theotokos was brought to the Temple at three years of age, where she was consecrated to God and spent her days until she was fourteen or fifteen years old; and then, as a mature maiden, by the common counsel of the priests (since her parents had reposed some three years before), she was betrothed to Joseph.



**November 25—Catherine the Great Martyr of Alexandria**

Saint Catherine, who was from Alexandria, was the daughter of Constatas (or Cestus). She was an exceedingly beautiful maiden, most chaste, and illustrious in wealth, lineage, and learning. By her steadfast understanding, she utterly vanquished the passionate and unbridled soul of Maximinus, the tyrant of Alexandria; and by her eloquence, she stopped the mouths of the so-called philosophers who had been gathered to dispute with her. She was crowned with the crown of martyrdom in the year 305. Her holy relics were taken by Angels to the holy mountain of Sinai, where they were discovered many years later; the famous monastery of Saint Catherine was originally dedicated to the Holy Transfiguration of the Lord and the Burning Bush, but later was dedicated to Saint Catherine. According to the ancient usage, Saints Catherine and Mercurius were celebrated on the 24th of this month, whereas the holy Hieromartyrs Clement of Rome and Peter of Alexandria were celebrated on the 25th. The dates of the feasts of these Saints were interchanged at the request of the Church and Monastery of Mount Sinai, so that the festival of Saint Catherine, their patron, might be celebrated more festively together with the Apodosis of the Feast of the Entry of the Theotokos. The Slavic Churches, however, commemorate these Saints on their original dates.

**Church Etiquette: † Andithoron (the blessed bread)**

- When receiving Andithoron from the Priest, we should kiss his hand as we receive it. We should then keep it cupped in our hands until we have eaten it. We put both our hands together in the form of a cross and cup them so that we can catch the crumbs.
- If you see a crumb or piece that has fallen to the floor, you should pick it up, kiss it, and either eat it or place it somewhere people do not step.
- We never throw andithoron into a trash can, after all, it's not trash, it's blessed bread! If there is leftover andithoron, it is to be given to the faithful and the crumbs are placed where they may be eaten by the birds.
- Please watch your children as they eat their andithoron so they don't leave it on the pew or other inappropriate places.