

Holy Apostles Orthodox Christian Church of Cheyenne, WY

Address: 9505 Hynds Blvd., Cheyenne, WY 82009 Phone: 307-514-5347

Web: <http://holyapostlescheyenne.com> Email: office@holyapostlescheyenne.com

Reverend Presbyter Christopher Xanthos, Presiding Priest

Email: frchristopher@holyapostlescheyenne.com

Services Schedule: Sunday Services - Orthros - 8:30 am - Divine Liturgy - 9:30 am

Bulletin for Sunday, October 29, 2017

Saints and Feasts of the Day

7th Sunday of Luke, Our Righteous Father Abramius, Anastasia the Martyr of Rome

Hymns of the Day – Everyone is encouraged to sing the hymns and responses of the Divine Liturgy

Resurrectional Apolytikion (page 22 in the Service Book)

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Holy Apostles Apolytikion (page 24 in the Service Book)

O Holy Apostles, intercede with the Merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion (page 24 in Service Book)

A protection of Christians unshamable, intercessor to our holy Maker, unwavering, reject not the prayerful cries of those who are sin; instead, come to us for you are good; your loving help bring unto us, who are crying in faith to you: hasten to intercede, and speed now to supplicate, as a protection for all time, Theotokos for those who honor you.

Gospel and Epistle Readings

Matins Gospel Reading John (21:1-14)

At that time, being raised from the dead, Jesus revealed himself to the disciples by the Sea of Tiberias; and he revealed himself in this way. Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples were together. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat; but that night they caught nothing. Just as day was breaking, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, "Children, have you any fish?" They answered him, "No." He said to them, "Cast the net on the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in, for the quantity of fish. The disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on his clothes, for he was stripped for work, and sprang into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, but about a hundred yards off.

When they got out on land, they saw a charcoal fire there, with fish lying on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and although there were so many, the net was not torn. Jesus



Support our

WARM COAT DRIVE

Holy Apostles, in connection with Wyoming Bank & Trust, is collecting coats for those in need in our community. Please bring any new or gently used adults and kids' coats, hats, gloves, and scarves.

October 22nd, 29th, and November 5th

CADILLAC CHANCE: Cadillac Chance tickets have been mailed out for everyone to begin selling. If you need more, please contact Tim. Please return your ticket stubs and money to Tim, Kathy or deliver to Halladay Motors. Remember the **OPEN HOUSE** and drawing is November 18!



SUPPORT HOLY APOSTLES
WITH AMAZON SMILE

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Toys for Tots:



Holy Apostles, working in conjunction with the Toys for Tots Cheyenne program, is a certified drop-off location for donations. A donation bin is located in the parish lobby and new, unopened and unwrapped Christmas gifts can be placed in the bin. Thank you for your participation in this great program!

said to them, "Come and have breakfast." Now none of the disciples dared ask him, "Who are you?" They knew it was the Lord. Jesus came and took the bread and gave it to them, and so with the fish. This was now the third time that Jesus was revealed to the disciples after he was raised from the dead.

Epistle Reading (page 28 in the Service Book)

Prokeimenon. Mode 4. Psalm 103.24,1.

O Lord, how manifold are your works. You have made all things in wisdom.

Verse: Bless the Lord, O my soul.

The reading is from Saint Paul's Letter to the Galatians 2:16-20.

Brethren, knowing that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Gospel Reading (page 29 in the Service Book)

7th Sunday of Luke

The Reading is from Luke 8:41-56

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As he went, the people pressed round him. And a woman who had had a flow of blood for twelve years and had spent all her living upon physicians and could not be healed by anyone, came up behind him, and touched the fringe of his garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched me?" When all denied it, Peter and those who were with him said, "Master, the multitudes surround you and press upon you!" But Jesus said, "Some one touched me; for I perceive that power has gone forth from me." And when the woman saw that she was not hidden, she came trembling, and falling down before him declared in the presence of all the people why she had touched him, and how she had been immediately healed. And he said to her, "Daughter, your faith has made you well; go in peace." While he was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when he came to the house, he permitted no one to enter with him, except Peter and John and James, and the father and mother of the child. And all were weeping and bemoaning her; but he said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand he called, saying, "Child, arise." And her spirit returned, and she got up at once; and he directed that something should be given her to eat. And her parents were amazed; but he charged them to tell no one what had happened.

Upcoming Presentation on Adaptive Christian Leadership In A Changing Society:

Please join us on Sunday, November 5th immediately following Divine Liturgy for a presentation on, Adaptive Christian Leadership In A Changing Society by Father Theodore Dorrance of the Greek Orthodox Metropolis of

Denver. Father Theodore has many years of experience developing mission parishes and will be here to offer his experience and ideas to our parish as we continue to grow as a mission parish. The presentation will be recorded and edited by a local professional videographer, Barb Sandick, for use at various parishes throughout the Archdiocese. A brunch will be served by Philoptochos in honor of Saints Cosmas and Damianos. All are welcome and encouraged to attend!

Notes from Father Christopher

SMALL PARAKLESIS:

Join us each Wednesday at 12 pm as we pray and chant the Supplications to the Most Holy Theotokos. Followed by fellowship and light refreshments. The Paraklesis service is a service asking the Panaghia to intercede for us all, as well as people individually. Prayer requests can be submitted in the narthex by writing the names of those living that you wish to pray for on the form, 'For the Health and Salvation...' and placing the prayer request in the basket.

ORTHODOX BIBLE STUDY:

Please join us for Bible Study every Monday at 6:00pm beginning Monday, January 8, 2018. We will start our studies with the Gospel of John. All are welcome to attend!

CLERGY VISITS:

If there is someone in a hospital, nursing home or homebound, please contact Father Christopher at frchristopher@holypostlescheyenne.com or 307.514.5347 to schedule a pastoral visitation.

CONFESSIONS:

Please contact Father Christopher at frchristopher@holypostlescheyenne.com or 307.514.5347 to schedule the Holy Mystery of Confession.

GREAT VESPERS:

Each Saturday at 6pm there will be a recurring Saturday Great Vespers service, followed by juice, coffee and fellowship. All are welcome to attend.

Holy Apostles Updates

Stewardship Sunday is November 12. Thanks to everyone who participated in the Stewardship meetings. Please bring your Stewardship forms and place them in the offering basket at the end of Liturgy.

For updates to the Sunday bulletin, submit announcements to Father Christopher no later than **5 pm on Wednesday**.

We will be updating our website and welcome your contribution. Please feel free to take pictures or video of our parish family and community involvements. Media provided should be clear, well lit, in focus, and emailed to Mrs. Laura Bobo James at office@holypostlescheyenne.com.

VISIT THE HOLY APOSTLES BOOKSTORE: If you haven't been to the bookstore lately, please stop by! New items are arriving daily. We just received a shipment this week with some visor clips, cross lapel pins, new icons, and jewelry. Instructions for how to make a purchase are posted in the bookstore, or if you have a question please ask Adrienne. I bet she will even make you a cup of coffee while you shop!



Coming SoonMark Your Calendar!

Young Adult Ministry (YAM): Attention all Young Adults between the ages of 21-38. Join us on Monday, November 13th at 6:30pm at the Paramount for an evening of faith, fellowship and fun!!! This is the first event to kick-off the Holy Apostles Young Adult Ministry and we are hoping to plan one YAM event per month. For more information please contact Zoe Christopoulos or Alexis Bellack. Spread the word and bring your friends!

WOMEN'S STUDY: Please join us for Women's Study on November 6th and 20th at 10:00am.

Please join us for Philoptochos! Please come and find out how we can grow our giving within our community. Mark your calendars for a delicious brunch offered by our Philoptochos chapter as a fundraiser on November 5 following Liturgy. There will be a Christmas lenten dinner meeting on November 28 at 5:30 pm at the home of Fay Zaharas. Please Come! If you are planning to attend the Tables Extraordinaire event at St. Catherine's Church in Greenwood Village, CO on Friday, December 1, please contact Fay for ticket information.

2017 GOYA Front Range Day Retreat: Holy Apostles will host a one day GOYA retreat on Saturday, November 4. Jenny Stasinopoulos, the Denver Metropolis Youth Director, is coordinating this wonderful event with Father Christopher. Information can be found at <http://youth.denver.goarch.org/regional-retreats>. Registration is now open at <https://app.campdoc.com/!/org/152134/patient/new-profile>. The next GOYA meeting will be Tuesday, November 7th at 3:30.



Parish Directory is being updated. If you would like to change your photo or information, please change it on the printed draft copy or call the office.

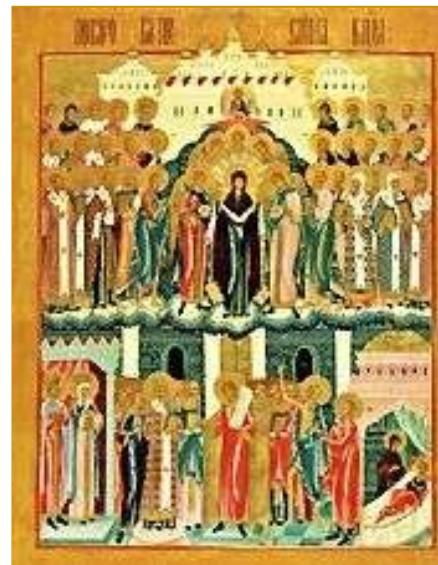
HOLY APOSTLES LENDING LIBRARY: Please check out our Lending Library at the Church and check out a book in which you are interested. We have the books color coded so you can easily browse through the subjects which interest you! Also, we would love to add to the Library any Church Books you would like to donate. Please see Kay Pappas with any questions or for donating your books! **Reminder: Please be sure to return your borrowed books and to fill out a return date in Sign-Out Notebook.** Thanks.



LENDING
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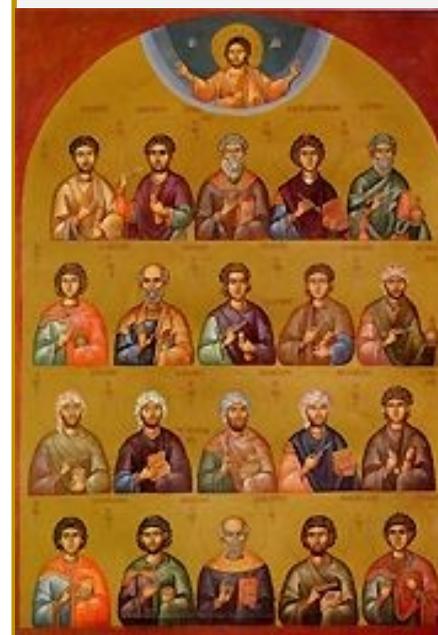
Church Etiquette: Holy Communion

- Ladies should remove lipstick with a tissue before receiving Communion.
- On Sundays when we are receiving Holy Communion, we should not eat or drink anything, including water from the water fountain, beginning from when we wake up until after we receive Communion. The only exception to this is small children and any kind of medicine for anyone.
- While Communion is being served, we should stand quietly and recite the "Prayers of Thanksgiving after Receiving Communion" that are found in the Liturgy book. It is okay to acknowledge friends that pass by, but we shouldn't get into conversations, wait until after the Liturgy.
- When receiving Communion, we should hold the cloth under our chin, in order to catch any that may fall. After receiving, lightly touch the cloth to your lips to blot up any remaining Communion.
- When we are standing in line to receive Communion, we don't stand with our hands in our pockets, it is considered irreverent.



October 28—The Holy Protection of the Theotokos

Saint Anastasia, who was young in age and lived in a convent, was seized by the impious. Confessing Christ openly and with boldness and enduring manifold torments, she was beheaded in the year 256, during the reign of Valerian.



November 1—Cosmas and Damian the Holy Unmercenary Brothers of Asia, and their mother Theodota

These Saints were from Asia (that is, Asia Minor). After the death of their father, their Christ-loving mother Theodota reared them in piety and in all manner of virtue, and had them instructed in every science, especially that of medicine. This became their vocation, and they went about healing every illness and malady, bestowing healing freely on both men and beasts alike; because of this, they are called "Unmercenary." And thus, having completed the course of their life, they reposed in peace.

Holy Apostles Calendar

Sunday, October 29

8:30AM Orthros
9:30AM Divine Liturgy
Stewardship Meeting following Liturgy

Tuesday, October 31

7:00AM Men's Group Breakfast @ Perkins

Wednesday, November 1

11:30AM Assist @ St. Joseph's Food Pantry
12:00PM Paraklesis

Thursday, November 2

5:30PM Faith & Fellowship Family Night &
Dinner

Saturday, November 4

Metropolis of Denver Front Range GOYA Re-
treat
6:00PM Great Vespers

Sunday, November 5

8:30AM Orthros
9:30AM Divine Liturgy
11:00AM Philoptochos Brunch

Monday, November 6

10:00AM Women's Group

Tuesday, November 7

7:00AM Men's Group Breakfast @ Perkins

Wednesday, November 8

11:30AM Assist @ St. Joseph's Food Pantry
12:00PM Paraklesis

Thursday, November 9

Saint Nektarios

8:45AM Orthros
9:30AM Divine Liturgy
6:00PM OCF Thanksgiving Dinner
Parish Council Meeting

Saturday, November 11

6:00PM Great Vespers