



Holy Apostles Orthodox Christian Church of Cheyenne, WY

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Holy Apostles Orthodox Christian Church Office

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Services Schedule

Sunday Services

Orthros - 8:30 am

Divine Liturgy - 9:30 am

WEEKLY BULLETIN

March 12, 2017

Holy Apostles Updates



Service of Typika Today

Service of Typika today. This is a wonderful prayer service in which we can all participate.

GOYA meeting today following fellowship.

Next Saturday, March 18, there will be Pan-Orthodox Vespers at the Greek Orthodox Cathedral, 4610 E Alameda Ave. in Denver at 5 pm, followed by at IOCC Awareness Dinner at 6 pm.

Philoptochos will be assisting at *Beyond the Rack* on Thursday, March 23, 4-7 pm to sort clothing. This is a nonprofit organization that provides men in the community appropriate attire for interviews and prepares them for the first full week of employment.

Remember, each Wednesday we assist at St. Joseph's Food Pantry, 206 Van Lennon from 11:30 am to 1:15 pm. Help is always needed. Please contact Jamie to be on the schedule.

We will have the Compline service each Monday @ 5:15 pm beginning on February 27 through March 27. Please come so that we may all join in prayer as we go through our Lenten journey.

Fr. Ambrose will be with us again April 1 and 2. We have received word from Metropolitan Isaiah that we have been blessed to have a priest for Holy Week beginning on Palm Sunday. More details will follow as we get them.

On Sundays which we do not have a visiting priest, Holy Apostles will have the Service of Typika beginning at 9:30 am. This is a service which is conducted when there is not a priest available for Liturgy. Please come light a candle, say a prayer, participate in this service, and enjoy fellowship.

Please check the webpage www.holyapostlescheyenne.com often for updates. Emails and texts will be sent with upcoming services and activities.

Announcements

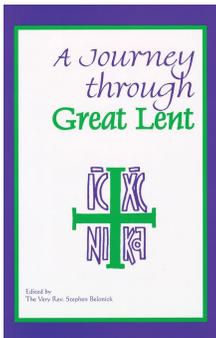
Mark your calendar for the Lenten Retreat on April 1, 9:00 am to 3:00 pm with Dan Christopoulos as presenter. His presentation will be based on the book by Fr. Anthony Coniaris "Tools for Theosis, Becoming God-like in Christ." Registrations received prior to March 22 will have a reduced fee of \$25 per couple or \$15 per person. After March 22, the fee will be \$25 per person. Pick up your registration form in the fellowship hall or on our website.

A Journey Through Great Lent

This book includes a daily meditation on the scripture reading for the day, verses from the hymns of the day, inspiring excerpts from the Church Fathers and a brief biography of the saint for the day.

Holy Apostles Parish Council has received the blessing of Metropolitan Isaiah to encourage members of our community to use this book for daily devotions during Lent of 2017. The goal is to help each parishioner in his or her Lenten journey during this time while we are without a priest. With each family using the same devotional, we can encourage one another with the common messages that may touch our hearts.

We encourage you to join in using this book. We are keeping the cost at \$5.00 a book per family and we currently have 7 books to sell. If you prefer to buy online, the only place that has it available at this time is orthodoxbookstore.org for \$12.95 and there may be shipping. If we sell out, we will place a group order.



Hymns of the Day

Resurrectional Apolytikion in the 5th Mode

Let us worship the Word who is unoriginate * with the Father and the Spirit, and from a Virgin was born * for our salvation, O believers, and let us sing His praise. * For in His goodness He was pleased * to ascend the Cross in the flesh, and to undergo death, * and to raise up those who had died, * by His glorious Resurrection.

Apolytikion for Sun. of St. Gregory Palamas in the 8th Mode

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Holy Apostles Apolytikion in the 1st Mode

O Holy Apostles, intercede with the Merciful God, that He grant unto our souls forgiveness of offenses.

Seasonal Kontakion in the 8th Mode

O Champion General, I your City now ascribe to you * triumphant anthems as the tokens of my gratitude, * being rescued from the terrors, O Theotokos. * Inasmuch as you have power unassailable, * from all kinds of perils free me so that unto you * I may cry aloud: * Rejoice, O unwedded Bride.

Gospel and Epistle Readings

Epistle Reading

Prokeimenon. 5th Mode. Psalm 11.7,1.

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3.

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message

declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Gospel Reading

Sunday of St. Gregory Palamas **The Reading is from Mark 2:1-12**

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Holy Apostles Calendar

Holy Apostles Calendar

March 12 to March 19, 2017

Sunday, March 12

Sunday of St. Gregory Palamas

9:30AM Service of Typika will be held. Church open to light a candle and enjoy fellowship

11:00AM GOYA Meeting

Monday, March 13

5:15PM Compline

Tuesday, March 14

7:00AM Men's Group Breakfast @ Perkins

Wednesday, March 15

11:30AM Assist @ St. Joseph's Food Pantry

Friday, March 17

Alexis the Man of God

Saturday, March 18

5:00PM Pan-Orthodox Vespers

6:00PM IOCC Awareness Dinner

Sunday, March 19

Sunday of the Holy Cross

9:30AM Service of Typika will be held. Church open to light a candle and enjoy fellowship

Saints and Feasts

March 12

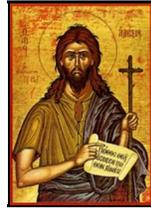
Sunday of St. Gregory Palamas



This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was

of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.



March 17

Alexis the Man of God

Saint Alexis was born in old Rome of illustrious parents named Euphemianus and Aglais, and at their request was joined to a young woman in marriage. However, he did not remain with her even for one day, but fled to Edessa, where he lived for eighteen years. He returned to Rome in the guise of a beggar and sat at the gates of his father's house, unknown to all and mocked by his own servants. His identity was revealed only after his death by a paper that he had on his person, which he himself had written a little before his repose. The pious Emperor Honorius honoured him with a solemn burial. The title "Man of God" was given to him from heaven in a vision to the Bishop of Rome on the day of the Saint's repose.



March 12

Symeon the New Theologian

Saint Symeon became a monk of the Studite Monastery as a young man, under the guidance of the elder Symeon the Pious. Afterwards he struggled at the Monastery of Saint Mamas in Constantinople, of which he became abbot. After enduring many trials and afflictions in his life of piety, he reposed in 1022. Marvelling at the heights of prayer and holiness to which he attained, and the loftiness of the teachings of his life and writings, the church calls him "the New Theologian." Only to two others, John the Evangelist and Gregory, Patriarch of Constantinople, has the church given the name "Theologian." Saint Symeon reposed on March 12, but since this always falls in the Great Fast, his feast is kept today.
