

blessing of the Chalice,” for a blessing from the priest. Further, ALL are welcome to receive the blessed bread given out by the Priest after the conclusion of the Liturgy.

For those receiving Holy Communion, please give the priest your Baptismal name and hold the red Communion cloth with both hands against the bottom of your chin. We also ask that women please remove any lipstick before approaching the Chalice. Finally, to avoid any possibility of hitting the Chalice, we ask that you not venerate the Chalice after receiving.

This Week at Holy Apostles...

Monday, 10/13 – 7:00pm Bible Study
Tuesday, 10/14 – 7:00am Men’s Group
7:00pm Orthodoxy 101 – Session 1
Wednesday, 10/15 – 6:30pm Paraklesis
Thursday, 10/16 – NO Liturgy
Saturday, 10/18 – 8:45 Orthros, 9:30 Liturgy – St. Luke the Evangelist

Thank you...

Estelle and Kathy for your offering of Prosfora, Jamie and Sarah for hosting today’s fellowship, Jim & Estelle for greeting, and all of the chanters who helped today and throughout the week!

And thank you to Adrienne and ALL who helped out with our Open House!!!

A Word from a Saint or Elder...

If we would be willing to descend into ourselves to correct a bit this avalanche of wrongdoings, then our prayer will be heard, the world would be more at peace and our life would suit more the Lord’s liking.

We have become increasingly hostile towards each other by our own selfishness, we see no one but our selves... and when we reach this state of no longer caring for those near us, we encounter the greatest fall.
- Fr. Justin Parvu (+2013)

Holy Apostles Orthodox Christian Church
9505 Hynds Blvd, Cheyenne, WY 82009

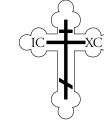
Presiding Priest: Fr. Paul Truebenbach

Phone: 307-331-5197

The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne

October 12, 2014 – Sunday of the 7th Ecumenical Synod



Commemorated Today

7th Holy & Ecumenical Synod
Probus, Andronicus, & Tarachus, Martyrs of Tarsus
Symeon the New Theologian
Martin the Merciful, Bishop of Tours

Today’s Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

Apolytikion for the Resurrection (Appendix 1): The stone had been secured with a seal by the Judeans, and a guard of soldiers was watching Your immaculate body. You rose on the third day, O Lord and Savior, granting life unto the world. And therefore the powers of heaven cried to You, O Giver- of-Life: Glory to Your resurrection, O Christ; glory to Your kingdom; glory to Your dispensation, only One who loves mankind.

Apolytikion for the Fathers: Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Apolytikion for the Church: O Holy Apostles, intercede with the merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion: A protection of Christians unshamable, intercessor to our holy Maker, unwavering, reject not the prayerful cries of those who are sin; instead, come to us for you are good; your loving help bring unto us, who are crying in faith to you: hasten to intercede, and speed now to supplicate, as a protection for all time, Theotokos for those who honor you.

Today's Epistle Reading

Cantor: *Blessed are you, O Lord, the God of our fathers.*

For you are just in all you have done.

The Reading is from St. Paul's Letter to Titus (3:8-15)

TITUS, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

Gospel Reading

The Readings is from the Gospel of Luke (8:5-15)

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold."

And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see,

and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

Welcome Visitors!

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshipping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, this service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

The Orthodox Church invites all to come and participate in the Divine Services. As Holy Communion is not only the partaking of the Body and Blood of Christ but a physical sign of the union of Orthodox Christians in one Body, wholly united in faith and worship, this Mystery is reserved for Baptized and/or Chrismated Orthodox Christians who have properly prepared through prayer, fasting, and Holy Confession and who have arrived prior to the Gospel for the day; this is all to protect ourselves against receiving Communion to our condemnation, as St. Paul explains (1 Corinthians 11:27-30). If you have not properly prepared or are not an Orthodox Christian, we would like to extend an invitation, if you so desire, to approach Holy Communion with the other parishioners and recite the words, "The