

This Week at Holy Apostles...

Monday, 9/19 – 5:30pm Adult Catechism class
Tuesday, 9/20 – 7:00am Men's Group
Wednesday, 9/21 – 6:00pm Paraklesis

Thank you...

Christine and Laura for this week's offering of Prosfora, Stephan & Kay for hosting today's fellowship, Zoe for greeting, and all of the chanters who helped today and throughout the week!

A Word from a Saint/Elder...

"A place cannot save you; there is no place where you can flee from yourself."

"If you say something evil about your brother or sister, even if it is true, your soul suffers an unhealable wound. You can reveal the sins of another only when the sole intention in your heart is the benefit of the soul of the sinner."

- St Nikon of Optina (+1931)

Future Dates to Keep in Mind

Tuesday, 9/27 – 5:30pm Ministry Team Leader meeting
Sunday, 10/2 – General Assembly and Stewardship Sunday
Wednesday, 10/5 – 10/19 – Fr. Paul on vacation
Monday, 10/10 – 5:00pm fundraising meeting
Thursday, 10/20 – 4:30pm PC meeting
6:00pm Metropolis webinar
Saturday, 10/29 – Marriage retreat
Sunday, 11/6 – Stewardship Cards due
Saturday, 11/12 – Annual Open House & Cadillac Chance drawing
Sunday, 11/20 – Budgetary General Assembly

Today's Memorial: Theodore (15 years), Evangelia (13 years), John (9 years), Jason (39 years) & Marshal Laurence (13 years)

Holy Apostles Orthodox Christian Church
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www.holyapostlescheyenne.com

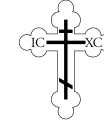
Presiding Priest: Fr. Paul Truebenbach

Phone: 307-331-5197

The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne

September 18, 2016 – Sunday After the Holy Cross



Commemorated Today

Sunday after the Holy Cross
Eumenius the Wonderworker, Bishop of Gortynia
Ariadne the Martyr

On pages 9 & 10, instead of chanting "Who are risen from the dead," we chant, "Save us, O Son of God, who were crucified in the flesh." We sing to You, Alleluia."

Today's Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

Apolytikion for the Resurrection (Appendix 4): When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and had rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

For the Feast: Save, O Lord, O Lord, Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

For the Parish: O Holy Apostles, intercede with the Merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion: You who were lifted on the cross voluntarily, O Christ our God, bestow Your tender compassions upon Your new community to which You gave Your name. Cause our faithful emperors to be glad in Your power, granting them the victories against their adversaries. And for an ally, Lord, may they have You, * peace as their armor, the trophy invincible.

Today's Epistle Reading

Cantor: *O Lord, how manifold are your works. You have made all things in wisdom.*

Bless the Lord, O my soul.

The Reading is from St. Paul's Letter to the Galatians (2:16-20)

BRETHREN, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Gospel Reading

The Reading is from the Gospel of Mark (8:34-38; 9:1)

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Welcome Visitors!

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, the service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

For non-Orthodox: Welcome to our parish and the service of the Divine Liturgy! As a point of information, the Orthodox Church invites all to come and participate in the Divine Services. As the fullest communion among people occurs only when we are wholly united in faith and worship, however, please know that the Mystery of Holy Communion is reserved for Baptized/Chrismated Orthodox Christians. If, at the time of Holy Communion, you would like to receive a blessing from the Priest, we welcome you to approach the Chalice with those receiving Communion and recite the words, "The blessing of the Chalice" to the Priest who will then offer a blessing over your head. Further, at the conclusion of the Liturgy, ALL are welcome (Orthodox and non-Orthodox) to receive a piece of the blessed bread given out by the Priest. And please stay for our fellowship hour following the Liturgy!

For Orthodox: Holy Communion is reserved for those who have properly prepared through prayer, fasting, and the Mystery of Holy Confession and have arrived prior to the Gospel for the day, remembering the teachings of St. Paul which tell us that receiving Holy Communion unworthily is to our condemnation rather than salvation (1 Cor 11:29). When receiving Holy Communion, please remove any lipstick prior to approaching the Chalice and hold the Communion cloth with both hands against the bottom of your chin. Finally, please refrain from venerating the Chalice after receiving.