

Services. As Holy Communion is not only the partaking of the Body and Blood of Christ but a physical sign of the union of Orthodox Christians in one Body, wholly united in faith and worship, this Mystery is reserved for Baptized and/or Chrismated Orthodox Christians who have properly prepared through prayer, fasting, and Holy Confession and who have arrived prior to the Gospel for the day; this is all to protect ourselves against receiving Communion to our condemnation, as St. Paul explains (1 Corinthians 11:27-30). If you have not properly prepared or are not an Orthodox Christian, we would like to extend an invitation, if you so desire, to approach Holy Communion with the other parishioners and recite the words, "The blessing of the Chalice," for a blessing from the priest.

For those receiving Holy Communion, please give the priest your Baptismal name and hold the red Communion cloth with both hands against the bottom of your chin. We also ask that women please remove any lipstick before approaching the Chalice. Finally, to avoid any possibility of hitting the Chalice, we ask that you not venerate the Chalice after receiving.

This Week at Holy Apostles...

Monday, 9/15 – 12:00pm PC Meeting
5:30pm Fundraising Meeting
Tuesday, 9/16 – 7:00am Men's Group
Wednesday, 9/17 – 6:30pm Paraklesis
Saturday, 9/20 – 6:00-8:00pm – Call to Prayer for Religious Freedom

Thank you...

Tina and Lexie B. for your offering of Prosfora, Tina & EVERYBODY who helped for hosting today's fellowship, Chris for greeting, and all of the chanters who helped today and throughout the week!

Thank you also to everyone who helped with moving/organizing/building/etc this past week!

Future Dates to Keep in Mind...

Sunday, 9/21 – 1st Day of Sunday School and Fall General Assembly
(with Men's Group retreat beginning afterwards)
Saturday, 10/11 – Parish "Open House"

Holy Apostles Orthodox Christian Church
421 E 4th St, Cheyenne, WY 82007

Presiding Priest: Fr. Paul Truebenbach

Phone: 307-331-5197

The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne

September 14, 2014 – Elevation of the Life-Giving



***We would like to extend a warm welcome to our Bishop,
His Eminence, Metropolitan ISAAH of Denver!
Eis Polla Eti Despota!***

Commemorated Today

Elevation of the Venerable and Life-Giving Cross
6th Holy & Ecumenical Synod

Notes: Pages 9/10: At the 2nd Antiphon instead of "Who are risen from the dead..." we chant "Who were crucified in the flesh..."

Page 15: After the Small Entrance, instead of the normal hymn ("Come, let us worship and bow down") we chant, "Exalt the Lord our God, and worship at the footstool of His feet. For He is holy. Save us..."

Page 19: Instead of "Holy God..." we chant "Your Cross, we venerate, O Master, and Your holy resurrection we glorify." The order in which this is chanted will be different from that in the book.

Today's Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

Apolytikion for the Feast: Save, O Lord, O Lord, Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross. (3x)

Kontakion: You who were lifted on the cross voluntarily, O Christ our God, bestow Your tender compassions upon Your new community to

which You gave Your name. Cause our faithful emperors to be glad in Your power, granting them the victories against their adversaries. And for an ally, Lord, may they have You, peace as their armor, the trophy invincible.

Today's Epistle Reading

Cantor: *Exalt the Lord our God.*

The Lord reigns; let the people tremble.

The Reading is from St. Paul's First Letter to the Corinthians (1:18-24)

BRETHREN, the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the cleverness of the clever I will thwart." Where is the wise man? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God.

Gospel Reading

The Reading is from the Gospel of John (19:6-11, 13-20, 25-28, 30)

At that time, when the chief priests and the officers saw him, they cried out, "Crucify him, crucify him!" Pilate said to them, "Take him yourselves and crucify him, for I find no crime in him." The Jews answered him, "We have a law, and by that law he ought to die, because he has made himself the Son of God."

When Pilate heard these words, he was the more afraid; he entered the praetorium again and said to Jesus, "Where are you from?" But Jesus gave no answer. Pilate therefore said to him, "You will not speak to me? Do you not know that I have power to release you, and

power to crucify you?" Jesus answered him, "You would have no power over me unless it had been given you from above; therefore he who delivered me to you has the greater sin." When Pilate heard these words, he brought Jesus out and sat down on the judgment seat at a place called the Pavement, and in Hebrew, Gabbatha. Now it was the day of Preparation of the Passover; it was about the sixth hour. He said to the Jews, "Behold your King!" They cried out, "Away with him, away with him, crucify him!" Pilate said to them, "Shall I crucify your King!" The chief priests answered, "We have no king but Caesar." Then he handed him over to them to be crucified. So they took Jesus, and he went out, bearing his own cross, to the place called the place of a skull, which is called in Hebrew Golgotha. There they crucified him, and with him two others, one on either side, and Jesus between them. Pilate also wrote a title and put it on the cross; it read, "Jesus of Nazareth, the King of the Jews." Many of the Jews read this title, for the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek.

But standing by the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold your son!" Then he said to the disciple, "Behold your mother!" And from that hour the disciple took her to his own home. Then when Jesus had received the vinegar, he said, "It is finished"; and he bowed his head and gave up his spirit.

For Visitors...

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, this service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

The Orthodox Church invites all to come and participate in the Divine