

the Precious Body and Blood of our Lord, we ask that you not venerate the Chalice after receiving.

This Week at Holy Apostles...

Sunday, 7/20 – Second talk on Worship after Liturgy (to conclude next Sunday)

Wednesday, 7/23 – 6:30pm Paraklesis

Friday, 7/25 – 8:45am Orthros, 9:30am Liturgy – Dormition of St Anna

Saturday, 7/26 – 8:45am Orthros, 9:30am Liturgy – St. Parakskevi the Martyr

Thank you...

Stephan and Tina for your offerings of Prosfora, Kathy & Angela for hosting today's fellowship, Jim & Estelle for greeting, and all of the chanters who helped today and throughout the week!

Today we say goodbye to the Horne family: Brad, Mindy, Isidora, and Lydia. We pray that they have safe travel to Paradise (i.e. Northern Idaho) and that they continually remember us in their prayers as we pray for them. We hope they visit soon and often!!!

A Word from the Saints...

"I try to give myself over entirely to the love and worship of God. I have consciousness of my sinfulness, but I live with hope. It is bad to despair, because someone who desponds becomes embittered and loses his willingness and strength. Someone who has hope, on the contrary, advances forward. Because he feels that he is poor, he tries to enrich himself. What does a poor man do? If he is smart, he tries to find a way to become rich." – St. Porphyrios (+1991)

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The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne

July 20, 2014 – 6th Sunday of Matthew



Saints of the Day

Glorious Prophet Elias (Elijah)

Today's Hymns

Apolytikion for the Resurrection: Eternal with the Father and the Spirit is the Word, Who of a Virgin was begotten for our salvation. As the faithful we both praise and worship Him, for in the flesh did He consent to ascend unto the Cross, and death did He endure and He raised unto life the dead through His all glorious resurrection.

Apolytikion for the Prophet: The angel incarnate and the Prophets' pedestal, the second Forerunner of the coming of Christ, Elias the glorious, sent down to Elisha the divine grace from heaven. He drives away diseases and he cleanses lepers. Therefore he pours out healings to those who honor him.

Hymn of the Church: O holy Apostles, intercede with the merciful God, that He grant unto our souls forgiveness of offences.

Kontakion: A protection of Christians unshamable, intercessor to our holy Maker, unwavering, reject not the prayerful cries of those who are sin; instead, come to us for you are good; your loving help bring unto us, who are crying in faith to you: hasten to intercede, and speed now to supplicate, as a protection for all time, Theotokos for those who honor you.

Today's Epistle Reading

Cantor: *You are a priest for ever after the order of Melchizedek. The Lord said to my Lord: Sit at my right hand, till I make your enemies my footstool.*

The Reading is from St. James' Universal Letter (5:10-20)

BRETHREN, take as an example of suffering and patience the prophets who spoke in the name of the Lord. Behold, we call those happy who were steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful. But above all, my brethren, do not swear, either by heaven or by earth or with any other oath, but let your yes be yes and your no be no, that you may not fall under condemnation. Is any one among you suffering? Let him pray. Is any cheerful? Let him sing praise. Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven. Therefore confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects. Elijah was a man of like nature with ourselves and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again and the heaven gave rain, and the earth brought forth its fruit. My brethren, if any one among you wanders from the truth and some one brings him back, let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins.

Gospel Reading

The Reading is from the Gospel of Matthew (9:1-8)

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts?

For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

For Visitors...

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, this service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

The Orthodox Church invites all to come and participate in the Divine Services. As Holy Communion is not only the partaking of the Body and Blood of Christ but a physical sign of the union of Orthodox Christians in one Body, wholly united in faith and worship, this Mystery is reserved for Baptized and/or Chrismated Orthodox Christians who have properly prepared through prayer, fasting, and Holy Confession; further, it is proper that one receive Communion only if they have arrived prior to the Gospel for the day. If you have not properly prepared or are not an Orthodox Christian, we do invite those who would like to do so to approach Holy Communion with the other parishioners and recite the words, "The blessing of the Chalice," for a blessing from the priest.

For those receiving Holy Communion, please give the priest your Baptismal name when approaching the Chalice and hold the red Communion cloth with both hands against the bottom of your chin. We also ask that women please remove any lipstick before approaching the Chalice. Finally, to avoid any possibility of spilling