

This Week at Holy Apostles...

Sunday, 2/21 – Chanting class after Liturgy
Monday, 2/22 – 5:30pm Media Monday
Tuesday, 2/23 – 7:00am Men's Group
Wednesday, 2/24 – NO Paraklesis
Thursday, 2/25 – Family Chili night
Saturday, 2/27 – 4:30pm Orthodoxy 101 (session 6)

Fr Paul will be out at a Clergy retreat from Tuesday to Saturday

Thank you...

Kelly for your offerings of Prosfora, Driko & Christine for hosting today's fellowship, Cameron for greeting, and all of the chanters who helped today and throughout the week!

A Word from a Saint or Elder...

"...an untried man is unpracticed."

"The incessant invocation of Lord's name (in the Jesus Prayer) is a medicine which mortifies not just the passions, but even their influence. Just as the physician puts medications or dressings on a wound that it might be healed, without the patient even knowing the manner of their operation, so also the name of God, when we invoke it, mortifies all passions, though we do not know how that happens."

- St Barsanuphius the Great (+540 AD)

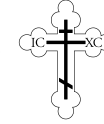
Future Dates to Keep in Mind

Thursday, 2/25 – 5:30pm Family Chili Night
Saturday, 2/27 – 9:00am Prosfora baking
Sunday, 2/28 – Philoptochos Meeting after Liturgy
Thursday, 3/10 – Next PC Meeting
Friday, 3/18 – Lenten meal following Salutations to Theotokos
Thursday, 3/24 – 5:00pm Next Fundraising Meeting
Saturday, 4/23 – Palm folding and pancake breakfast after Liturgy
Sunday, 4/24 – Fish Luncheon
Thursday, 4/28 – Egg Dying
Sunday, 5/1 – Great & Holy Pascha
Approximately 1:30am Denny's breakfast after Liturgy
Saturday, 5/7 – Community workday
Saturday, 7/9 – WBAR

The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne

February 21, 2016 – Sunday of the Publican and Pharisee



Commemorated Today

Sunday of the Publican and the Pharisee; Triodion begins
Timothy the Righteous
John III, Patriarch of Constantinople
Eustathius, Bishop of Antioch
Zachariah, Patriarch of Jerusalem

Today's Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

Apolytikion for the Resurrection (Appendix 5): Let us worship the Word who is unoriginate with the Father and the Spirit, and from a Virgin was born for our salvation, O believers, and let us sing His praise. For in His goodness He was pleased to ascend the Cross in the flesh, and to undergo death, and to raise up those who had died, by His glorious Resurrection.

For the Parish: O Holy Apostles, intercede with the Merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion: Let us flee the Pharisee's exalted parlance; let us learn the Publican's humble demeanor, and with sighs unto the Savior cry out and say, To us be gracious, O only forgiving Lord.

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Presiding Priest: Fr. Paul Truebenbach

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Today's Epistle Reading

Cantor: *Make your vows to the Lord our God and perform them.*

God is known in Judah; his name is great in Israel.

The Reading is from St. Paul's Second Letter to the Corinthians (6:16-18; 7:1)

TIMOTHY, my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, my sufferings, what befell me at Antioch, at Iconion, and at Lystra, what persecutions I endured; yet from them all the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

Gospel Reading

The Reading is from the Gospel of Luke (18:10-14)

The Lord said this parable, "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank you that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector. I fast twice a week, I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

Welcome Visitors!

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, the service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

For non-Orthodox: Welcome to our parish and the service of the Divine Liturgy! As a point of information, the Orthodox Church invites all to come and participate in the Divine Services. As the fullest communion among people occurs only when we are wholly united in faith and worship, however, please know that the Mystery of Holy Communion is reserved for Baptized/Chrismated Orthodox Christians. If, at the time of Holy Communion, you would like to receive a blessing from the Priest, we welcome you to approach the Chalice with those receiving Communion and recite the words, "The blessing of the Chalice" to the Priest who will then offer a blessing over your head. Further, at the conclusion of the Liturgy, ALL are welcome (Orthodox and non-Orthodox) to receive a piece of the blessed bread given out by the Priest. And please stay for our fellowship hour following the Liturgy!

For Orthodox: Holy Communion is reserved for those who have properly prepared through prayer, fasting, and the Mystery of Holy Confession and have arrived prior to the Gospel for the day, remembering the teachings of St. Paul which tell us that receiving Holy Communion unworthily is to our condemnation rather than salvation (1 Cor 11:29). When receiving Holy Communion, please remove any lipstick prior to approaching the Chalice and hold the Communion cloth with both hands against the bottom of your chin. Finally, please refrain from venerating the Chalice after receiving.