

For those receiving Holy Communion, please give the priest your Baptismal name and hold the red Communion cloth with both hands against the bottom of your chin. We also ask that women please remove any lipstick before approaching the Chalice. Finally, to avoid any possibility of hitting the Chalice, we ask that you not venerate the Chalice after receiving.

This Week at Holy Apostles...

Fr. Paul will be gone this week for the Metropolis Clergy-Laity. There are, thus, no services scheduled for this week.

Thank you...

Adrianne and Jamie for your offerings of Prosfora, Tyler & Lexie for hosting today's fellowship, Nancy for greeting, and all of the chanters who helped today and throughout the week!

Some Words from a Saint/Elder...

"Do not be irritated either with those who sin or those who offend; do not have a passion for noticing every sin in your neighbor and for judging him as we are in the habit of doing. Everyone shall give an answer to God for himself. Everyone has a conscience; everyone hears God's Word, and knows God's Will either from books or from conversation with other people. Especially do not look with evil intention upon the sins of your elders, which do not regard you; 'to his own master he standeth or falleth.' Correct your own sins; amend your own life."

- St. John of Kronstadt (+1908)

Future Dates to Keep in Mind

Monday, 5/4 – 5:30 Parish Ministry Team (PMT) Leaders meeting
Thursday, 5/14 – Family Night
Sunday, 5/17 – AHEPA Sunday
Sunday, 5/31 – Graduation Sunday
Monday, 6/29 – Great Vespers and Dinner for Parish Feastday
Saturday, 7/11 – WB&AR
Saturday, 11/14 – Open House & Car Raffle Drawing

Announcement...

Please be aware that all mail can and should now be sent to the church address (9505 Hynds) and no longer to the PO Box.

Holy Apostles Orthodox Christian Church
9505 Hynds Blvd, Cheyenne, WY 82009
www.holyapostlescheyenne.com

Presiding Priest: Fr. Paul Truebenbach

Phone: 307-331-5197

The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne

April 26, 2015 – Sunday of the Myrrh-bearing Women



Commemorated Today

The Holy Myrrh-bearing Women

Basil the Holy Martyr, Bishop of Amasea

Glaphyra the Righteous

Note: (page 15) For the small entrance hymn, the chanters sing, "Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God..."

Today's Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

Apolytikion for the Resurrection (see Appendix 2): When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory be to You.

For the Feast: When he took down Your immaculate Body from the Cross, the honorable Joseph wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You arose, O Lord, and granted the world Your great mercy.

Another for the Feast: The Angel standing at the sepulcher cried out and said to the ointment-bearing women: The ointments are appropriate for mortal men, but Christ has been shown to be a stranger to decay. So go and cry aloud, The Lord has risen and granted the world His great mercy.

For the parish: O Holy Apostles, intercede with the merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion: Though You went down into the tomb, O Immortal One,

yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Today's Epistle Reading

Cantor: *The Lord is my strength and my song.*

The Lord has chastened me sorely.

The Reading is from the Acts of the Apostles (6:1-7)

IN THOSE DAYS, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicoلاس, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Gospel Reading

The Reading is from the Gospel of Mark (15:43-47; 16:1-8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joseph saw where

he was laid.

And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who has risen. He is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Welcome Visitors!

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshipping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, the service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you not participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

The Orthodox Church invites all to come and participate in the Divine Services. As true communion occurs only when we are wholly united in faith and worship, the Mystery of Holy Communion is reserved for Baptized and/or Chrismated Orthodox Christians who have properly prepared through prayer, fasting, and Holy Confession and who have arrived prior to the Gospel for the day; this is to protect ourselves against receiving Communion to our condemnation, as St. Paul explains (1 Corinthians 11:27-30). If you have not an invitation, if you so desire, to approach Holy Communion with the other parishioners and recite the words, "The blessing of the Chalice," for a blessing from the priest. Further, ALL are welcome to receive the blessed bread given out by the Priest after the conclusion of the Liturgy.