

For those receiving Holy Communion, please give the priest your Baptismal name and hold the red Communion cloth with both hands against the bottom of your chin. We also ask that women please remove any lipstick before approaching the Chalice. Finally, to avoid any possibility of hitting the Chalice, we ask that you not venerate the Chalice after receiving.

#### This Week at Holy Apostles...

Monday, 3/2 – 6:00pm Compline (at SCH)  
Tuesday, 3/3 – 7:00am Men's Group  
5:30pm Conversing with the Fathers  
Wednesday, 3/4 – 6:00pm Presanctified Liturgy w/ Lenten Potluck following  
Friday, 3/6 – 6:00pm Salutations to the Theotokos  
Saturday, 3/7 – NO reading group  
6:00pm Great Vespers

#### **Thank you...**

Pres. Lavinia and Angie for your offerings of Prosfora, Jim & Estelle for hosting today's fellowship, Cameron for greeting, and all of the chanters who helped today and throughout the week!

#### **Some Words from a Saint/Elder...**

"If a man insults me, kills my father, my mother, my brother, and then gouges out my eye, as a Christian it is my duty to forgive him. We who are pious Christians ought to love our enemies and forgive them. We ought to offer them food and drink, and entreat God for their souls. And then we should say: 'My God, I beseech Thee to forgive me, as I have forgiven my enemies.'"

- St Kosmas Aitolos (+1779)

#### **Future Dates to Keep in Mind**

Sunday, 3/1 & 3/8 – Undies Sunday  
Saturday/Sunday, 3/21, 22 – Guest Speaker – Joy Corey  
Monday, 3/23 – Fundraising Meeting  
Saturday, 4/4 – Lazarus Saturday pancake breakfast and palm folding  
Sunday, 4/12 – Great and Holy Pascha  
Saturday, 7/11 – WB&AR  
Saturday, 11/14 – Open House & Car Raffle Drawing

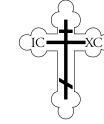
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Presiding Priest: Fr. Paul Truebenbach

Phone: 307-331-5197

## **The Sunday Witness**

The Weekly Bulletin of Holy Apostles  
Orthodox Christian Church of Cheyenne  
**March 1, 2015 – Sunday of Orthodoxy**



#### Commemorated Today

Sunday of Orthodoxy & the Restoration of the Holy & Venerable Icons  
The Holy Righteous Martyr Evdokia the Samaritan  
Holy Martyrs Sylvester and Sophronios  
Andonina the New Martyr

#### Today's Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

**Apolytikion for the Resurrection (Appendix 5):** Let us worship the Word who is unoriginate with the Father and the Spirit, and from a Virgin was born for our salvation, O believers, and let us sing His praise. For in His goodness He was pleased to ascend the Cross in the flesh, and to undergo death, and to raise up those who had died, by His glorious Resurrection.

**Apolytikion for the Feast:** We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offences, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.

**Apolytikion for the Church:** O Holy Apostles, intercede with the merciful God, that He grant unto our souls forgiveness of offenses.

**Kontakion:** To You, the Champion Commander, I Your City inscribe victorious anthems of thanksgiving for deliverance from suffrings, O Theotokos. Inasmuch as you have power unassailable, from all manner of dangers set me free; that I may cry out to you: Rejoice, Bride unwedded!

### **Today's Epistle Reading**

**Cantor:** *Blessed are you, O Lord, the God of our fathers.*

*For you are just in all you have done.*

**The Reading is from St. Paul's Letter to the Hebrews (11:24-26, 32-40)**

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin.

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

### **Gospel Reading**

**The Reading is from the Gospel of John (1:43-51)**

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see."

Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

### **Welcome Visitors!**

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, the service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

### **A Note on Holy Communion**

The Orthodox Church invites all to come and participate in the Divine Services. As true communion occurs only when we are wholly united in faith and worship, the Mystery of Holy Communion is reserved for Baptized and/or Chrismated Orthodox Christians who have properly prepared through prayer, fasting, and Holy Confession and who have arrived prior to the Gospel for the day; this is to protect ourselves against receiving Communion to our condemnation, as St. Paul explains (1 Corinthians 11:27-30). If you have not properly prepared or are not an Orthodox Christian, we would like to extend an invitation, if you so desire, to approach Holy Communion with the other parishioners and recite the words, "The blessing of the Chalice," for a blessing from the priest. Further, ALL are welcome to receive the blessed bread given out by the Priest after the conclusion of the Liturgy.