

This Week at Holy Apostles...

Monday, 1/11 – 5:30pm Media Monday
Tuesday, 1/12 – 7:00am Men's Group
Wednesday, 1/13 – 6:00pm Paraklesis
Saturday, 1/16 – 4:30pm Orthodoxy 101 (session 1)

Thank you...

Fay and Stacey for your offerings of Prosfora, Nick & Alexis for hosting today's fellowship, Greg for greeting, and all of the chanters who helped today and throughout the week!

A Word from a Saint or Elder...

"If we truly think of Christ as our source of holiness, we shall refrain from anything wicked or impure in thought or act and thus show ourselves to be worthy bearers of his name. For the quality of holiness is shown not by what we say but by what we do in life."

"There is one antidote for evil passions: the purification of our souls which takes place through the mystery of godliness. The chief act of faith in this mystery is to look to Him who suffered the passion for us. The cross is the passion, so that whoever looks to it? is not harmed by the poison of desire. To look to the cross means to render one's whole life dead and crucified to the world."

- St Gregory of Nyssa

"Do not think that you have a right to complain when your prayers are not answered. God fulfills your desires in a manner that you do not know."

- St Nektarios of Aegina

Future Dates to Keep in Mind

Thursday, 1/14/16 – 5:30pm Next PC meeting (tentative)
Sunday, 5/1/16 – Great & Holy Pascha
Saturday, 7/9/16 – WBAR

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The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne
January 10, 2016 – Sunday after Theophany



Commemorated Today

Gregory of Nyssa
Dometian, Bishop of Melitene
Theosebia the Deaconess, sister of Basil the Great & Gregory of Nyssa
Afterfeast of the Theophany of our Lord and Savior Jesus Christ

Note: On pages 9 & 10, instead of "Who are risen from the dead," we chant, "Save us O Son of God, *who were baptized in the Jordan by John*, we sing to You: Alleluia."

Today's Hymns **(to be chanted for pages 16 & 17 of the Liturgy Book)**

Apolytikion for the Resurrection (Appendix 7): By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy.

Apolytikion for the Feast: As You were baptized in the Jordan, O Lord, then the worship of the Trinity became manifest, for the voice of the Father bore witness to You, naming You the Beloved Son; and the Spirit, in the form of a dove, confirmed the certainty of the word. O Christ God, who appeared and illumined the world, glory to You.

For the Parish: O Holy Apostles, intercede with the Merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion: You appeared today to us on earth, O Master, and Your light was signed on us who cry aloud to You and say with understanding, O Christ our God: You came and shone forth, O Light unapproachable.

Today's Epistle Reading

Cantor: *Let your mercy, O Lord, be upon us.*

Rejoice in the Lord, O ye righteous.

The Reading is from St. Paul's Letter to the Ephesians (4:7-13)

BRETHREN, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Gospel Reading

The Reading is from the Gospel of Matthew (4:12-17)

At that time, Jesus heard that John had been arrested, He withdrew into Galilee; and leaving Nazareth He went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

Welcome Visitors!

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, the service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

For non-Orthodox: Welcome to our parish and the service of the Divine Liturgy! As a point of information, the Orthodox Church invites all to come and participate in the Divine Services. As the fullest communion among people occurs only when we are wholly united in faith and worship, however, please know that the Mystery of Holy Communion is reserved for Baptized/Chrismated Orthodox Christians. If, at the time of Holy Communion, you would like to receive a blessing from the Priest, we welcome you to approach the Chalice with those receiving Communion and recite the words, "The blessing of the Chalice" to the Priest who will then offer a blessing over your head. Further, at the conclusion of the Liturgy, ALL are welcome (Orthodox and non-Orthodox) to receive a piece of the blessed bread given out by the Priest. And please stay for our fellowship hour following the Liturgy!

For Orthodox: Holy Communion is reserved for those who have properly prepared through prayer, fasting, and the Mystery of Holy Confession and have arrived prior to the Gospel for the day, remembering the teachings of St. Paul which tell us that receiving Holy Communion unworthily is to our condemnation rather than salvation (I Cor 11:29). When receiving Holy Communion, please remove any lipstick prior to approaching the Chalice and hold the Communion cloth with both hands against the bottom of your chin. Finally, please refrain from venerating the Chalice after receiving.