

### This Week at Holy Apostles...

Wednesday, 2/18 – 6:00pm Paraklesis  
Saturday, 2/21 – 8:45 Orthros, 9:30 Liturgy – 2<sup>nd</sup> Saturday of Souls

### **Thank you...**

Christine, Sarah, and Adrienne for your offerings of Prosfora, Rob & Tina for hosting today's fellowship, Driko for greeting, and all of the chanters who helped today and throughout the week!

### **Future Dates to Keep in Mind**

Saturday, 2/28 – Cheyenne Parishes Lenten Retreat at SCH after Liturgy  
Saturday/Sunday, 3/21, 22 – Guest Speaker – Joy Corey  
Monday, 3/23 – Fundraising Meeting  
Sunday, 4/12 – Great and Holy Pascha  
Saturday, 7/11 – WB&AR  
Saturday, 11/14 – Open House & Car Raffle Drawing

### **Some Words from a Saint/Elder...**

"What do people do when their hands and faces are dirty? They turn on a tap and allow the water to clean away the stains. We should imitate them. Only, we should open two taps – our eyes, so that an abundance of tears of repentance pour out, which will wash out all the poisons of this futile world which have infected and dirtied our wretched souls."

"I want you to hunger and thirst for your salvation. I want you to thirst for righteousness, to be pleased with sorrows, to rejoice with punishments and sufferings. When did we... suffer? Where are the sharp nails that pierced us? Where is the spear? Where is the crown of thorns? When did they whip us or spit on us or did anything to us that they did to Christ? For this reason, because we have learned nothing from all these things, we must with all of our strength try to emulate our Teacher, because if we are not like Him, we also will not sit at the right hand of God, as He sat."

- St. Anthimos of Chios (+1960)

**Please keep in mind that today is Meatfare Sunday; a partial fasting begins tomorrow, so this is the last day of meat before Pascha! Let us fast with joy!**

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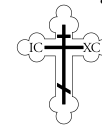
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## **The Sunday Witness**

The Weekly Bulletin of Holy Apostles  
Orthodox Christian Church of Cheyenne  
**February 15, 2015 – Judgment Sunday**



### Commemorated Today

Onesimus the Apostle of the 70

Our Righteous Father Anthimos, the Elder of Chios

Eusebius the Righteous of Syria

### Today's Hymns

**(to be chanted for pages 16 & 17 of the Liturgy Book)**

**Apolytikion for the Resurrection (Appendix 3):** Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

**Apolytikion for the Church:** O Holy Apostles, intercede with the merciful God, that He grant unto our souls forgiveness of offenses.

**Kontakion:** When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge.

### Today's Epistle Reading

**Cantor:** *Great is our Lord, and great is his power.*

*Praise the Lord, for the Lord is good.*

**The Reading is from St. Paul's First Letter to the Corinthians (8:8-13; 9:1-2)**

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall.

Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

### **Gospel Reading**

#### **The Reading is from the Gospel of Matthew (25:31-46)**

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.'

Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or

thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

### **Welcome Visitors!**

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, the service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

### **A Note on Holy Communion**

The Orthodox Church invites all to come and participate in the Divine Services. As true communion occurs only when we are wholly united in faith and worship, the Mystery of Holy Communion is reserved for Baptized and/or Chrismated Orthodox Christians who have properly prepared through prayer, fasting, and Holy Confession and who have arrived prior to the Gospel for the day; this is to protect ourselves against receiving Communion to our condemnation, as St. Paul explains (1 Corinthians 11:27-30). If you have not properly prepared or are not an Orthodox Christian, we would like to extend an invitation, if you so desire, to approach Holy Communion with the other parishioners and recite the words, "The blessing of the Chalice," for a blessing from the priest. Further, ALL are welcome to receive the blessed bread given out by the Priest after the conclusion of the Liturgy.

For those receiving Holy Communion, please give the priest your Baptismal name and hold the red Communion cloth with both hands against the bottom of your chin. We also ask that women please remove any lipstick before approaching the Chalice. Finally, to avoid any possibility of hitting the Chalice, we ask that you not venerate the Chalice after receiving.