

a blessing from the priest. Further, ALL are welcome to receive the blessed bread given out by the Priest after the conclusion of the Liturgy.

For those receiving Holy Communion, please give the priest your Baptismal name and hold the red Communion cloth with both hands against the bottom of your chin. We also ask that women please remove any lipstick before approaching the Chalice. Finally, to avoid any possibility of hitting the Chalice, we ask that you not venerate the Chalice after receiving.

This Week at Holy Apostles...

Monday, 12/8 – 7:00pm Bible Study
Tuesday, 12/9 – 9:30 Liturgy – Conception of St. Anna (at SCH)
7:00pm Orthodoxy 101 – Session 7
Wednesday, 12/10 – 6:30pm Paraklesis
Thursday, 12/11 – 5:30pm PC Meeting
Friday, 12/12 – 8:45 Orthros, 9:30 Liturgy – St. Spyridon (at HA)
Saturday, 12/13 – 9:00am Reading Group

Thank you...

Pres. Lavinia, Stephan, and Christine for your offerings of Prosfora, Stephan & Kay for hosting today's fellowship, David for greeting, and all of the chanters who helped today and throughout the week!

A Word from a Saint / Elder...

"In ancient times before the divine sojourn of the Savior took place, even to the saints death was terrible; all wept for the dead as though they perished. But now that the Savior has raised his body, death is no longer terrible; for all who believe in Christ trample on it as it were nothing and choose rather to die than deny their faith in Christ. And that devil that once maliciously exulted in death, now that its pains were loosed, remained the only one truly dead." – St. Athanasius (*On the Incarnation*)

Future Dates to Keep in Mind...

Sunday, 12/14 – Parish Council Elections
Friday, 12/26 – Annual Christmas Party

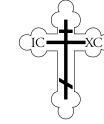
Holy Apostles Orthodox Christian Church
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Presiding Priest: Fr. Paul Truebenbach

Phone: 307-331-5197

The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne
December 7, 2014 – 10th Sunday of Luke



Commemorated Today

Ambrose, Bishop of Milan
Athenodoros the Martyr of Mesopotamia
Righteous Father Gerasimus, Ascetic of Evia
Holy Father John of Kronstadt
Filothea, the Protectress of Romania

Today's Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

Apolytikion for the Resurrection (Appendix 1): The stone had been secured with a seal by the Judeans, and a guard of soldiers was watching Your immaculate body. You rose on the third day, O Lord and Savior, granting life unto the world. And therefore the powers of heaven cried to You, O Giver- of-Life: Glory to Your resurrection, O Christ; glory to Your kingdom; glory to Your dispensation, only One who loves mankind.

Apolytikion for the Church: O Holy Apostles, intercede with the merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion: On this day the Virgin Maid goes to the grotto to give birth to the pre-eternal Word in an ineffable manner. Dance for joy, all the inhabited earth, on hearing. Glorify along with Angels and with the shepherds Him who willed that He appear as a newborn Child, the pre-eternal God.

Today's Epistle Reading

Cantor: *Let your mercy, O Lord, be upon us.*

Rejoice in the Lord, O ye righteous.

The Reading is from St. Paul's Letter to the Ephesians (5:8-19)

Walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil.

Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

Gospel Reading

The Reading is from the Gospel of Luke (13:10-17)

At that time, Jesus was teaching in one of the synagogues on the sabbath. And there was a woman who had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." And he laid his hands upon her, and immediately she was

made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the sabbath day."

Then the Lord answered him, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the sabbath day?" As he said this, all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him.

Welcome Visitors!

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, the service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

The Orthodox Church invites all to come and participate in the Divine Services. As true communion occurs only when we are wholly united in faith and worship, the Mystery of Holy Communion is reserved for Baptized and/or Chrismated Orthodox Christians who have properly prepared through prayer, fasting, and Holy Confession and who have arrived prior to the Gospel for the day; this is to protect ourselves against receiving Communion to our condemnation, as St. Paul explains (1 Corinthians 11:27-30). If you have not properly prepared or are not an Orthodox Christian, we would like to extend an invitation, if you so desire, to approach Holy Communion with the other parishioners and recite the words, "The blessing of the Chalice," for