

This Week at Holy Apostles...

Monday, 11/30 – 9:30am Liturgy – St Andrew (at SCH)
5:00pm Fundraising Meeting
NO Media Monday
Tuesday, 12/1 – 7:00am Men's Group
5:30pm Conversing with the Fathers
Wednesday, 12/2 – 6:00pm Paraklesis
Thursday, 12/3 – 12:30pm Women's Study Group
Friday, 12/4 – 8:45 Orthros, 9:30 Liturgy – Sts Barbara and John of Damascus
Saturday, 12/5 – 9:30am Liturgy and retreat at SCH w/ Fr. Daniel Payne
5:30pm Great Vespers

Thank you...

Pres. Lavinia and Angie for your offerings of Prosfora, Stephan & Kay for hosting today's fellowship, Jamie for greeting, and all of the chanters who helped today and throughout the week!

Some Words from a Saint/Elder...

"Because of the Fall of man, the natural order of things has become chaotic. In nature, there is an order for all things, but with man there is chaos. Everything is distorted and turned around. Because of our disobedience to the commandments of our Heavenly Father, we have lost the natural order. In order to reestablish this order, we must practice abstinence (i.e. fasting from food and other earthly enjoyments/comforts)."

It seems that we do not understand one thing: it is not good when we return the love of those who love us, yet hate those who hate us. We are not on the right path if we do this. We are the sons of light and love, the sons of God, his children. As such we must have His qualities and His attributes of love, peace, and kindness towards all.

- Elder Thaddeus of Vitovnica (+2003)

Future Dates to Keep in Mind

Sunday, 12/6 – HAYA meeting
Sunday, 12/13 – PC elections
Sunday, 12/20 – Christmas program
Sunday, 12/27 – 5:00pm Christmas Party
Sunday, 5/1/16 – Great & Holy Pascha
Saturday, 7/9/16 – WBAR

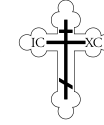
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The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne
November 29, 2015 – 13th Sunday of Luke



Commemorated Today

Paramonus, Philumenus, and their 370 Companion Martyrs in Bithynia
Our Righteous Father Nicholas, Archbishop of Thessalonica
Dionysios, Bishop of Corinth
Akakios of Sinai, who is mentioned in the Ladder

Today's Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

Apolytikion for the Resurrection (Appendix 1): The stone had been secured with a seal by the Judeans, and a guard of soldiers was watching Your immaculate body. You rose on the third day, O Lord and Savior, granting life unto the world. For this reason were the powers of Heaven crying out to You, O Life-giver: "Glory to Your resurrection, O Christ; glory to Your Kingdom; glory to Your dispensation, only One Who loves mankind."

For the Parish: O Holy Apostles, intercede with the Merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion: On this day the Virgin Maid goes to the grotto to give birth to the pre-eternal Word in an ineffable manner. Dance for joy, all the inhabited earth, on hearing. * Glorify along with Angels and with the shepherds Him who willed that He appear as a newborn Child, * the pre-eternal God.

Today's Epistle Reading

Cantor: *Let your mercy, O Lord, be upon us.*

Rejoice in the Lord, O ye righteous.

The Reading is from St. Paul's Letter to the Ephesians (5:8-19)

Walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

Gospel Reading

The Reading is from the Gospel of Luke (18:18-27)

At that time, a ruler came to Jesus and asked him, "Good Teacher, what shall I do to inherit eternal life?" And Jesus said to him, "Why do you call me good? No one is good but God alone. You know the commandments: 'Do not commit adultery, Do not kill, Do not steal, Do not bear false witness, Honor your father and mother.' " And he said, "All these I have observed from my youth." And when Jesus heard it, he said to him, "One thing you still lack. Sell all that you have and distribute it to the poor, and you will have treasure in heaven; and come, follow me." But when he heard this he became sad, for he was very rich. Jesus looking at him said, "How hard it is for those who have riches to enter the kingdom of God! For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." Those who heard it said, "Then who can be saved?" But he said, "What is impossible with men is possible with God."

Welcome Visitors!

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, the service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

For non-Orthodox: Welcome to our parish and the service of the Divine Liturgy! As a point of information, the Orthodox Church invites all to come and participate in the Divine Services. As the fullest communion among people occurs only when we are wholly united in faith and worship, however, please know that the Mystery of Holy Communion is reserved for Baptized/Chrismated Orthodox Christians. If, at the time of Holy Communion, you would like to receive a blessing from the Priest, we welcome you to approach the Chalice with those receiving Communion and recite the words, "The blessing of the Chalice" to the Priest who will then offer a blessing over your head. Further, at the conclusion of the Liturgy, ALL are welcome (Orthodox and non-Orthodox) to receive a piece of the blessed bread given out by the Priest. And please stay for our fellowship hour following the Liturgy!

For Orthodox: Holy Communion is reserved for those who have properly prepared through prayer, fasting, and the Mystery of Holy Confession and have arrived prior to the Gospel for the day, remembering the teachings of St. Paul which tell us that receiving Holy Communion unworthily is to our condemnation rather than salvation (1 Cor 11:29). When receiving Holy Communion, please remove any lipstick prior to approaching the Chalice and hold the Communion cloth with both hands against the bottom of your chin. Finally, please refrain from venerating the Chalice after receiving.