

For those receiving Holy Communion, please give the priest your Baptismal name and hold the red Communion cloth with both hands against the bottom of your chin. We also ask that women please remove any lipstick before approaching the Chalice. Finally, to avoid any possibility of hitting the Chalice, we ask that you not venerate the Chalice after receiving.

This Week at Holy Apostles...

Tuesday, 10/21 – 7:00am Men's Group
7:00pm Orthodoxy 101 – Session 2
Wednesday, 10/22 – 6:30pm Paraklesis
Thursday, 10/23 – 8:45 Orthros, 9:30 Liturgy – St. James
5:30pm – General Assembly
Saturday, 10/25 – 9:00am Reading Group

Thank you...

Angie and Stephan for your offering of Prosfora, Angie & Stacey for hosting today's fellowship, Tyler for greeting, and all of the chanters who helped today and throughout the week!

A Word from a Saint or Elder...

"To judge sins is the business of one who is sinless, but who is sinless except God? Whoever thinks about the multitude of his own sins in his heart never wants to make the sins of others a topic of conversation. To judge a man who has gone astray is a sign of pride, and God resists the proud. On the other hand, one who every hour prepares himself to give answer for his own sins will not quickly lift up his head to examine the mistakes of others." - St. Gennadius of Constantinople

"Do not allow yourself for a moment to have any ill-feeling against anyone; always be kind to everyone, conquering your evil disposition by the love that endures all things and conquers all things. Avoid obstinacy, self-will, and opposing your neighbor; do not persist in having your own way, in order to satisfy your caprice, or in order to intentionally injure anyone." - St. John of Kronstadt

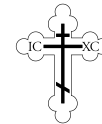
Holy Apostles Orthodox Christian Church
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Presiding Priest: Fr. Paul Truebenbach

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The Sunday Witness

The Weekly Bulletin of Holy Apostles
Orthodox Christian Church of Cheyenne
October 19, 2014 – 3rd Sunday of Luke



Commemorated Today

Joel the Prophet
Varus the Martyr
John of Rilas
Felix the Hieromartyr & Eusebius the Deacon
John of Kronstadt, the Wonderworker

Today's Hymns

(to be chanted for pages 16 & 17 of the Liturgy Book)

Apolytikion for the Resurrection (Appendix 2): When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory be to You.

Apolytikion for the Church: O Holy Apostles, intercede with the merciful God, that He grant unto our souls forgiveness of offenses.

Kontakion: A protection of Christians unshamable, intercessor to our holy Maker, unwavering, reject not the prayerful cries of those who are sin; instead, come to us for you are good; your loving help bring unto us, who are crying in faith to you: hasten to intercede, and speed now to supplicate, as a protection for all time, Theotokos for those who honor you.

Today's Epistle Reading

Cantor: *The Lord is my strength and my song.*

The Lord has chastened me sorely.

The Reading is from St. Paul's Second Letter to the Corinthians (11:31-33; 12:1-9)

BRETHREN, the God and Father of the Lord Jesus, he who is blessed for ever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands.

I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven-whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise-whether in the body or out of the body I do not know, God knows-and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me.

And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

Gospel Reading

The Reading is from the Gospel of Luke (7:11-16)

At that time, Jesus went to a city called Nain, and his disciples and a

great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"

Welcome Visitors!

Holy Apostles Orthodox Christian Church would like to extend a warm welcome to all of our guests and visitors who are with us today. Thank you for worshiping with us, and please stay for Coffee Hour at the conclusion of the Liturgy! If you have any questions about this parish, this service, or the Orthodox Church in general, please feel free to ask a parishioner, look at the pamphlets in the Narthex (the entrance to the church), or ask Fr. Paul after the service. Finally, if this is your first visit to our parish, in order that we may treat you as our honored guest, we ask that you **not** participate in the offering after the service. Again, thank you for joining us, and let us know if we can do anything for you today or in the future!

A Note on Holy Communion

The Orthodox Church invites all to come and participate in the Divine Services. As Holy Communion is not only the partaking of the Body and Blood of Christ but a physical sign of the union of Orthodox Christians in one Body, wholly united in faith and worship, this Mystery is reserved for Baptized and/or Chrismated Orthodox Christians who have properly prepared through prayer, fasting, and Holy Confession and who have arrived prior to the Gospel for the day; this is all to protect ourselves against receiving Communion to our condemnation, as St. Paul explains (1 Corinthians 11:27-30). If you have not properly prepared or are not an Orthodox Christian, we would like to extend an invitation, if you so desire, to approach Holy Communion with the other parishioners and recite the words, "The blessing of the Chalice," for a blessing from the priest. Further, ALL are welcome to receive the blessed bread given out by the Priest after the conclusion of the Liturgy.